Thomas Sunday
Epiphanius, Bishop of Cyprus
Germanos, Patriarch of Constantinople
Removal of the Sacred Relics of Saint Joachim "Papoulakis" of Vatopaidi
Theodorus the Righteous of Cythera

Eothinon 1

SUNDAY SERVICE SCHEDULE
Orthros 7:45 am + Divine Liturgy 9:00 am
AHEPA Sunday
Happy Mother’s Day!

Welcome to all our visitors worshipping with us today!
We’re glad you’re here! Please join us at our Fellowship Coffee immediately following the Divine Liturgy. Visit the Welcoming Committee table to meet fellow parishioners and learn more about our community.

Please silence all mobile devices while in the Holy Sanctuary. Thank you.
Special Hymns at Liturgy:

**Apolytikion of Great and Holy Pascha in the Plagal First Mode**
Christ is risen from the dead trampling down death by death and to those in the tombs He has granted Life.

Χριστός ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι ζωήν χαρισάμενος.

**Apolytikion for Thomas Sunday in the Grave Mode**
Whilst the tomb was sealed, Thou, O Life, didst shine forth from the grave, O Christ God; and whilst the doors were shut, Thou didst come unto Thy disciples, O Resurrection of all, renewing through them an upright Spirit in us according to Thy great mercy.

Ἐσφραγισμένου τοῦ μνήματος ἡ ζωή ἐκ τάφου ἀνέτειλας Χριστὲ ὁ Θεός, καὶ τῶν θανάτων κεκλεισμένων, τοῖς Μαθηταῖς ἐπέστης ἡ πάντων ἀνάστασις, πνεῦμα εὐθεῖας δι' αὐτῶν ἐγκαίνιζων ἡμῖν, κατὰ τὸ μέγα σου έλεος.

**Seasonal Kontakion in the Plagal Fourth Mode**
Though You went down into the tomb, You destroyed Hades' power, and You rose the victor, Christ God, saying to the myrrh-bearing women, "Hail!" and granting peace to Your disciples, You who raise up the fallen.

Εἰ καὶ ἐν τάφῳ κατῆλθες ἀθάνατε, ἀλλὰ τοῦ Ἀδοὺ καθεῖλες τὴν δύναμιν, καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος. Χάρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωροῦμεν ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

**Matins (Orthros) Gospel**
Matthew 28:16-20

At that time, the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw Him they worshiped Him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to Me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age. Amen."
Epistle Reading

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

Gospel Reading
Thomas Sunday
John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I send you." And when He had said this, He breathed on them and said to them,
"Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them and said, "Peace be with you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and My God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing, you may have life in His name.

Thomas Sunday
Κατὰ Ἰωάννην 20:19-31

Ο ὤσης ὄψιςς τῇ ἡμέρᾳ ἑκείνη τῇ μιᾷ τῶν σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν Ἰουδαίων, ἤλθεν ὁ Ἰησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς: Εἰρήνη ὑμῖν. Καὶ τούτῳ εἶπον ἔδειξέν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευράν αὐτοῦ· ἐχάρησαν οὖν οἱ μαθηταὶ ἱδόντες τὸν Κύριον. Εἶπεν οὖν αὐτοῖς ὁ Ἰησοῦς πάλιν: Εἰρήνη ὑμῖν, καθὼς ἀπέσταλέ με ὁ πατήρ, κῇγὼ πέμπω ὑμᾶς. Καὶ τούτῳ εἶπον ἐνεφύγασα καὶ λέγει αὐτοῖς: Λάβετε Πνεῦμα Ἁγίου. Ἅν τινων ἀφῆνε τὰς ἀμαρτίας, ἀφίενται αὐτοῖς, ἅν τινων κρατήτη, κεκράτηται. Θωμᾶς δὲ, εἶς ἐκ τῶν δώδεκα, ὁ λεγόμενος Δίδυμος, οὐκ ἦν μετ᾽ αὐτῶν διὰ τὸ ἦλθεν Ἰησοῦς· ἔλεγον οὖν αὐτῷ οἱ ἄλλοι μαθηταὶ: Ἑωράκαμεν τὸν Κύριον. Ὁ δὲ εἶπεν αὐτοῖς: Ἐὰν μὴ ἴδω ἐν ταῖς χερσὶν αὐτοῦ τὸν τύπον τῶν ἡλίων, καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἡλίων, καὶ βάλω τὴν χειρά μου εἰς τὴν πλευράν αὐτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ᾽ ἡμέρας ὅστις πάλιν ἦσαν ὑμῶν οἱ μαθηταὶ αὐτοῦ, καὶ Θωμᾶς μετ᾽ αὐτῶν. Ἐρχεται ὁ Ἰησοῦς τῶν θυρῶν κεκλεισμένων, καὶ ἦστη εἰς τὸ μέσον καὶ εἶπεν· Εἰρήνη ὑμῖν. Εἶτα λέγει τῷ Θωμᾷ· φέρε τὸν δάκτυλόν σου ϕίδε, καὶ ἵδε τὰς χεῖράς μου. Καὶ ἀπεκρίθη ο Ἰωμᾶς καὶ εἶπεν αὐτῷ· Ο Κύριός μου καὶ ὁ Θεός μου. Λέγει αὐτῷ ὁ Ἰησοῦς· Ὦτι ἐδώρασας με πεπίστευκας, μοιχάριοι οἱ μὴ ἱδόντες, καὶ πιστεύσατες. Πολλὰ μὲν οὖν καὶ ἄλλα σημεῖα ἔποιήσεν ὁ Ἰησοῦς ἐνώπιον τῶν μαθητῶν αὐτοῦ, ἀ οὖν ἦστιν γεγραμμένα ἐν τῷ βιβλίῳ τούτῳ· ταῦτα δὲ γέγραφα ἵνα πιστεύσητε ὅτι ὁ Ἰησοῦς ἦστιν ὁ Χριστὸς ὁ υἱὸς τοῦ Θεοῦ, καὶ ἵνα πιστεύσατες, ζωὴν ἔχετε ἐν τῷ ὄνοματι αὐτοῦ.
Epiphanius, Bishop of Cyprus (May 12)

Saint Epiphanius was born about 310 in Besanduc, a village of Palestine, of Jewish parents who were poor and tillers of the soil. In his youth he came to faith in Christ and was baptized with his sister, after which he distributed all he had to the poor and became a monk, being a younger contemporary of Saint Hilarion the Great (see Oct. 21), whom he knew. He also visited the renowned monks of Egypt to learn their ways. Because the fame of his virtue had spread, many in Egypt desired to make him a bishop; when he learned of this, he fled, returning to Palestine. But after a time he learned that the bishops there also intended to consecrate him to a widowed bishopric, and he fled to Cyprus. In Paphos he met Saint Hilarion, who told him to go to Constantia, a city of Cyprus also called Salamis. Epiphanius answered that he preferred to take ship for Gaza, which, despite Saint Hilarion's admonitions, he did. But a contrary wind brought the ship to Constantia where, by the providence of God, Epiphanius fell into the hands of bishops who had come together to elect a successor to the newly-departed Bishop of Constantia, and the venerable Epiphanius was at last constrained to be consecrated, about the year 367. He was fluent in Hebrew, Egyptian, Syriac, Greek, and Latin, and because of this he was called "Five-tongued." He had the gift of working miracles, and was held in such reverence by all, that although he was a known enemy of heresy, he was well nigh the only eminent bishop that the Arians did not dare to drive into exile when the Emperor Valens persecuted the Orthodox about the year 371. Having tended his flock in a manner pleasing to God, and guarded it undefiled from every heresy, he reposed about the year 403, having lived for ninety-three years. Among his sacred writings, the one that is held in special esteem is the Panarion (from the Latin Panarium, that is, "Bread-box," containing the proofs of the truth of the Faith, and an examination of eighty heresies.

Germanos, Patriarch of Constantinople (May 12)

Saint Germanos, who was from Constantinople, was born to an illustrious family, the son of Justinian the Patrician. First he became Metropolitan of Cyzicus; in 715 he was elevated to the throne of Constantinople; but because of his courageous resistance to Leo the Isaurian's impious decree which inaugurated the war upon the holy icons, he was exiled from his throne in 715. He
lived the rest of his life in privacy, and reposed about 740, full of days. The fore-most of his writings is that which deals with the Six Ecumenical Councils. He wrote many hymns also, as is apparent from the titles of many stichera and idiomela, among which are those for the Feast of the Meeting in the Temple.

Parish News and Events

The Orthodox Church. Room 224, Facilitator: Kosta Georgeton (georgantonis@protonmail.com). Topic: Questioning/Doubting

Christ is Risen! Truly He is Risen!

“... Blessed are those who have not seen and yet have believed” - John 20:29

In our technically advanced society today, many of us want an explanation or some kind of physical proof in order to believe. St. Thomas was no different in questioning Christ’s Resurrection, even though his fellow disciples and friends told him they had physically seen the Risen Lord.

This week we will discuss the two events the Church commemorates on the Sunday after Pascha. First, we will touch on the initiation of celebrating the Resurrection each Sunday. Then we will explore what Church hymnology calls “good” questioning, how it relates to us in our contemporary times, and how doubts are part of our path to Theosis.
AGOC Adult Bible Studies

“He was known to them in the breaking of bread”
(Luke 24:35)

CHRIST IS RISEN

Bible Studies are resuming this coming **WEDNESDAY, May 15, 2024** at 1:00pm In-Person, and in the evening by **ZOOM ONLY** at 7:00pm (Sign-In at 6:50pm).

**Topic: Post Resurrection Appearances of Jesus Christ**
2. To the Myrrh-Bearing Women (*Matthew 28: 9-10; Luke 10-11*)
4. To His Disciples (Thomas absent) > *Luke 24: 36-43; John 20: 19-23*
5. To His Disciples (Thomas present) > *John 20: 24-29*
6. To the Eleven at The Table (*Mark 16: 14-18*)
7. To the Eleven at a Mountain in Galilee (*Matthew 28: 16-20; Mark 16: 14-18*)
8. To Cephas (*1Corinthians 15: 5*)
9. To More Than 500 (*1Cor 15: 6*)
10. To James (*1Corinthians 15: 7*)
11. To Paul (*1Corinthians 15: 8*)


**Reflections:**
1. Why were Christ’s post Resurrection appearances necessary?
2. Why was the Ascension necessary?

Please spread the word and join us for some interesting and fruitful discussions.

+Fr. Demetri

**Join Zoom Meeting**

https://zoom.us/j/4449593149?pwd=MXg0VjZYSWEzCdNRZHdVyaTB0dG1EUT09

Meeting ID: **444 959 3149**; +13462487799,,4449593149,,0,,419920# US (Houston)
AGOC YOUTH & YOUNG ADULT MINISTRIES

MAY 2024

THIS MONTH

MONTHLY GATHERINGS
OUR HOPE - SR. GOYA YOUTH MINISTRIES WILL MEET ONCE A MONTH, AT OUR CATHEDRAL, FOR A SHORT PRAYER SERVICE & ACTIVITY

SMALL GROUP
SMALL GROUP DISCUSSIONS AIM TO DISCUSS AND BETTER UNDERSTAND OUR PRECIOUS ORTHODOX CHRISTIAN FAITH.

FELLOWSHIP EVENTS
FELLOWSHIP EVENTS FOCUS ON SPENDING TIME WITH OTHER MEMBERS OF THE MINISTRY IN CHRISTIAN FELLOWSHIP

FOR MORE INFORMATION CONTACT FR. EFSTRATIOS
FRMAGOULIAS@AGOC.ORG

MONTHLY GATHERING
TUESDAY, MAY 14TH @ 6:30 PM
PRAYER SERVICE, DINNER, & ACTIVITY
AGOC CATHEDRAL & S.P. MARTEL HALL

YOUNG PROFESSIONALS SMALL GROUP
THURSDAY, MAY 9TH @ 7:00 PM
LOCATION: S.P. MARTEL HALL
DINNER, FELLOWSHIP, & DISCUSSION

FAITH MINISTRY
SATURDAY, MAY 18TH @ 9:30 AM
LOCATION: NURSERY – S.P. MARTEL HALL

SR. GOYA SMALL GROUP
THURSDAY, MAY 23RD @ 6:30 PM
LOCATION: TBD
CONTACT FR. EFSTRATIOS TO HOST

YOUNG PROFESSIONALS FELLOWSHIP HOUR
FIGHT NIGHT ANDREAS KATZOURAKIS
FRIDAY, MAY 31ST
LOCATION: RED OWL BOXING
TICKETS: SCAN QR CODE →

+ 8 +
The Annunciation Greek Language & Culture School
cordially invites you to the
Year End Celebration & Graduation
Γιορτή Λήξης και Αποφοίτηση

Friday May 17
Martel Hall, 6pm

Information: katerinakonto@agoc.org | 281-250-8178
Junior Choir/Mixed Choir

If you enjoy singing, please join us in the choir loft as we sing the responses from the green liturgy book on May 19th. It is a beautiful way to glorify God through the Divine Liturgy.

**Who:** All singers (all ages, at least first grade)

**Where:** Choir loft

**What Time:** 8:55 a.m. for 9:00 a.m. Liturgy (Please be on time)

Questions? Contact Pam Gaspar at jandpgaspar@hotmail.com

“Make a Joyful Noise Unto the Lord” (Psalm 100.1)
Annunciation Greek Language & Culture School

SCHOOL YEAR 2024 - 25

EARLY REGISTRATION
EARLY REGISTRATION DISCOUNT UNTIL MAY 30

Our Program for Children
All included in the Tuition

• Greek Language All Aspects
• Ellinomatheia Preparation
• Cultural Events & Celebrations
• Traditional Dances
• History & Mythology
• STEAM Επιστήμη & Τέχνη
• Poems, Songs & Theatrical Plays
• Volunteer Opportunities
• Scholarships

Classes Every Friday
5.00pm - 7.30pm
Children Ages 3 & above
Grades Preschool - 12th Grade
Ellinomatheia Classes Levels A, B & C

First Day of School is September 13
School Address: 3511 Yoakum Blvd

More Information: 281-250-8178 katerinakonto@agoc.org

Scan Here to Register

Our Facebook page

+ 11 +
Congratulations Class of 2024!
Join us as we honor and celebrate the Class of 2024 at the Divine Liturgy on Sunday, May 19, 2024, followed by a brunch/lunch in the Martel Hall!

Parents of graduating seniors, please complete the Grad form (2024 Graduate Form) by May 1, 2024.
2024 Annunciation Greek Orthodox Graduates

Parents of graduates must be current members of Annunciation Greek Orthodox Cathedral

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<tr>
<th>Baptismal Name</th>
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<td>Parents Name</td>
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Do you wish to share ONE important accomplishment?

Attending the 9 am Liturgy May 19, 2024?

Yes

CLICK HERE TO ENTER FORM
THIS SUMMER, YOU BELONG AT
CAMP EMMANUEL

Faith

Fellowship

The Great Outdoors

JUNE 23-29 | LARKSPUR, CO

Scholarships available, please contact Fr. Michael or Fr. Efstratios

MORE INFO
"Be Holy, because I am Holy"

2024 PILGRIMAGE
OCT 22 - NOV 5

Join Fr. Jon & Fr. Efstratios Magoulias on a pilgrimage to Greece! In the First Epistle of St. Peter, we read these words and accept them as an invitation to emulate the Saints of our Church who confessed and witnessed that Christ Jesus is our Savior. Join us on a pilgrimage to Greece to visit and venerate the relics of saints from the first century to today.

TO REGISTER AND FOR MORE INFORMATION, PLEASE CONTACT FRJON@GOANNUNCIAION.ORG OR FRMAGOULIAS@AGOC.ORG
Today at the Cathedral

Please join us for the fellowship coffee in the Martel Hall following the Divine Liturgy. The coffee today is sponsored by the AHEPA.

This week at the Cathedral

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<tr>
<th>Date</th>
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<tr>
<td>Tuesday, May 14</td>
<td>6:30 pm – Youth Ministries Monthly Gathering, Cathedral / Martel Hall</td>
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<td>6:30 pm – Greek Language Classes, Adults, In-Person</td>
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<td>Wednesday, May 15</td>
<td>1:00 pm – Bible Study, In-Person, Room 219</td>
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<td>7:00 pm – Bible Study ZOOM ONLY, 6:50pm sign-in</td>
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<td>Thursday, May 16</td>
<td>11:00 am – Greek Language Class, Adv. Conversation, Online</td>
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<td>Friday, May 17</td>
<td>5:00 pm – Greek School – Children</td>
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<td>School Year End Celebration &amp; Graduation, Martel Hall</td>
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<td>Saturday, May 18</td>
<td>9:30 am – FAITH Ministry Monthly Gathering, Nursery</td>
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